

Mike Orban has been an invaluable friend and advocate to my family. When my son David came home from his second deployment to Iraq, with a diagnosis of PTSD, Mike walked with us on the difficult journey of reintegration. He taught both myself, and my son, that David was dealing with a moral injury from his military experiences, thus taking away the stigma of the PTSD diagnosis. He advocated for David in the criminal justice system, and supported myself and extended family members during court proceedings and subsequent incarceration. Mike gave me the opportunity to speak to other military families on his podcast, letting them know they are not alone. He did the same for David. His podcast is critical to educate and support our veterans as they reintegrate, and beyond. It is a lifeline for those suffering with depression and addiction. The same is true for military families! Mike is passionate about helping veterans, and I will always be grateful for all he has done for David, and for myself.

Heidi Carlson
Military Mother
Eau Claire, Wisconsin
September 2021